



Taekwondo Wettkampfregeln

Competition Kyorugi

16.01.2015

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Vorstellung

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Competition Rules

- Enacted (verordnet): May 28, 1973
- Amended (zuletzt geändert): Oct. 1, 1977
- Amended: Feb. 23, 1982
- Amended: Oct. 19, 1983
- Amended: June 1, 1986
- Amended: Oct. 7, 1989
- Amended: Oct. 28, 1991
- Amended: Aug. 17, 1993
- Amended: Nov. 18, 1997
- Amended: Oct. 31, 2001
- Amended: Sep. 23, 2003
- Amended: April 12, 2005
- Amended: February 13, 2009
- Amended: March 2, 2010
- Amended: October 7, 2010
- Amended: April 30, 2011
- Amended: October 4, 2011
- Amended: April 3, 2012
- Amended: December 26, 2012
- Amended: July 14, 2013
- Amended: March 19, 2014
- Amended: October 30, 2014

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Grundsätzliches

- Kampfleiter
 - sorgt für Sicherheit
 - überwacht/leitet den Kampf
 - gibt Verwarnungen/Strafen
 - gibt keine Punkte

- Punkterichter
 - gibt Punkte
 - gibt keine Verwarnungen/Strafen

Article 16 Decisions

1. Win by Referee Stops Contest (RSC)
2. Win by final score (PTF)
3. Win by point gap (PTG)
4. Win by **Golden Point (Sudden Death)**(GDP)
5. Win by Superiority (SUP)
6. Win by withdrawal (WDR)
7. Win by disqualification (DSQ)
8. Win by referee's punitive declaration (PUN)

9. Win by Knock-out (KO) → gestrichen

RSC

The referee declares RSC in the following situations:

- if a contestant has been knocked down by an opponent's legitimate technique and cannot resume the contest by the count of "Yedul"; or if the referee determines the contestant is not able to resume the competition regardless of the progress of counting;
- if a contestant cannot continue the match after one minute of medical treatment
- **if a contestant disregards the referee's command to continue the match three times**
- if the referee recognizes the need to stop the match to protect a contestant's safety
- when the Commission Doctor determines that the match should be stopped due to a contestant's injury

Article 11 Permitted techniques and areas

- Erlaubte Techniken
 - Fausttechnik: Fauststoß mit geballter Faust
 - Fußtechnik: Fuß unterhalb des Knöchels

- Erlaubte Angriffszonen
 - Körper: Faust- und Fußtechnik auf Weste; ausgenommen Wirbelsäule
 - Kopf: Fußtechniken → Schlüsselbein aufwärts

Article 12 Valid points

- Gültiger Trefferbereich (Legal Scoring Areas)
 - Körper: blaue oder roter Bereich der Kampfweste
 - Kopf: Unterkante Kopfschutz
- Punkte sind zu vergeben:
 - Accurately: Erlaubte Technik → gültiger Trefferbereich
 - Powerfully: PSS löst aus oder „schlagartige“ Veränderung
- The valid points are divided as follows:
 - One (1) point for a valid attack on trunk protector
 - **Three (3) points for a valid turning kick to the trunk protector**
 - Three (3) points for a valid kick to the head
 - Four (4) points for a valid turning kick to the head
 - One (1) point awarded for every two Kyung-gos or every one Gam-jeom given to the opponent contestant
- Annullieren von Punkten: Punkt ist durch eine Verwarnung/Minuspunkt entstanden → annullieren (**wenn Vergehen nicht instrumentalisiert wird dann reicht die Verwarnung ohne zu annullieren**)



Article 14 Prohibited acts and Penalties (1)

- Ziele von Verwarnungen/Minuspunkte:
 - Schutz des Taekwondoin
 - Fairer Kampf
 - Spannung
- Vergabe
 - Referee
 - 2 Kyong-go → 1 Punkt für den Gegner
 - 1 Gam-jeom → 1 Punkt für den Gegner
 - **Leichtes Vergehen Kyon-go, starkes Vergehen Gam-jeam**
- Gelbe Karte
 - Starkes Fehlverhalten von Sportler/Coach → Sanktionen werden geprüft



Article 14 Prohibited acts and Penalties (2)

- Prohibited acts:
1. Crossing the Boundary Line
 2. Falling down
 3. Avoiding or delaying the match
 4. Grabbing, holding or pushing the opponent
 5. Lifting the knee to block or/and impede the opponent's kicking attack, **or lifting a leg for more than 3 seconds, without execution of any attacking technique**, to impede opponent's attacking movements
 6. Kicking below the waist
 7. Attacking the opponent after "Kal-yeo"
 8. Hitting the opponent's head with the hand
 9. Butting or attacking with the knee
 10. Attacking the fallen opponent
 11. Misconduct of contestant or coach



Article 14 Prohibited acts and Penalties (3)

- Serious misconducts of contestants or coaches. The following cases are serious misconducts by contestants or coaches
- Not complying with the referee's command or decision
 - Inappropriate protesting or criticizing of officials' decisions
 - Inappropriate attempts to disturb or influence the outcome of the match
 - Fleeing from the competition area to avoid normal technical exchange. If a contestant attempts to avoid a normal technical exchange by behavior such as crossing the boundary line or intentionally falling down in repeated manner, the referee may give a Gam-jeom, after a Kyong-go
 - Clearly intentional punch to the opponent's face
 - Clearly intentional attack the opponent after "kal-yeo"
 - Clearly intentional attack to a fallen opponent
 - Clearly intentional attack below the waist
 - Provoking or insulting the opposing contestant or coach
 - Only accredited team doctor/physician are allowed to be seated in the doctor's position. Unaccredited doctor/physicians or other team officials found to be seated in the doctors position shall be ordered to leave the FOP, and the athlete shall be penalized with a "Gam-jeom"
 - Any other severe misconduct or unsportsmanlike conduct from a contestant or coach